

The Buntingford Banner

Registered Charity No. 1185575

www.u3asites.org.uk/buntingford/home

CHAIRMAN'S REPORT

We are moving into the longer days and the warmer weather, whenever that may come. So our groups with outdoor activities come more to the fore. There are several ways of keeping fit and enjoying the sun with our groups.

We will be giving more publicity in future to events run by other u3as.



Whenever information comes to us, it will be put on the website.

Don't forget that you can use the likes of OnWebChange or Trackly to keep up to date with new additions. This month the Third Age Trust, our umbrella organisation, has released U3A Friends Extra. This is a new scheme offering discounts to our members. Friends Extra is a replacement for the old Click & Save system that was discontinued a little while ago. The new system works by permitting u3a members to buy gift cards for several major retailers at discounted prices.

Note that the amount of discount varies with different retailers. Also, if you want a physical card posted to you, as opposed to an e-card to keep on your phone, the postage may be more than your discount.

A link to the new system is on the Information page of our website. Have a look to see if anything suits you.

Martin Gray

A GENTLE REMINDER

Some members haven't yet paid their subs for 2024. I have attached a membership form to the end of this Newsletter.

GROUP NEWS

MAH JONG

Twenty seven members of the Mah Jong group enjoyed their annual lunch together which this year was at the Bull, Cottered and was organised by Group Leaders Liz and Mike Cooper.

CLAY PIGEON SHOOTING (Royston u3a)

Have you ever thought of having a go at Clay Pigeon Shooting? Royston u3a's Clay Shooting Group meets monthly at the Nuthampstead Herts League Ground to which members of Buntingford u3a are very welcome to join.

The sport of shooting flying clay targets is safe, challenging and fun. Hitting the target requires skill, timing and hand-eye co-ordination. Equipment hire, clays and cartridges are provided. New recruits are given all the necessary training in safety and techniques from a fully qualified instructor with friendly help and encouragement from members.

New members must complete a health and safety training introduction before taking up the sport.

The afternoon meets are always on a Wednesday around the 25th of the month. However, the Shooting ground is also used by other clubs so it's a first come first served booking.

The next meet is Wednesday 22nd May at 2pm. If you are interested please contact Group Leader, Frank Martin theofmartin@outlook.com.

CARPET BOWLS



Standing: Linda Haylock, Maggie Bell, Dennis Robertson, Jan Briggs, Derek McLeod, Bill Hunter, Susan Peters, Val Morgan, Maureen Robertson, Norma Oxford, Maureen Cook.

Seated: Group Leaders Martin & Gill Gray, Maureen Page.

All the members of the Carpet Bowls Group enjoyed an end of season lunch at East Herts Golf Club and a few of them are in the photo taken on the balcony. The group re-starts in September.

CHURCH CRAWLERS



LtoR: Pat Murray, Val Reedman, Joan Jones, Maggie Bell, (Priest) Shree Prafulbhai Dave, Lyn Kendal-Archer, our guide Yogesh Mistry, Maureen Lanser, Group Leader Keith Bradfield, Carol Noble, Susan Byrne, Roger Murray, Marion Ling.

Sadly our numbers were somewhat depleted for our visit to the Hindu Temple in Luton but those who went thoroughly enjoyed their visit. We arrived early for our Guide, Yogesh Mistry to tell us a little about the Icons behind us in the photo before we took our seats to watch their well-attended, morning service which consisted of continuous chanting and bowing to the Icons.

The Temple serves the people of Bedfordshire, Buckinghamshire and Hertfordshire.

When the service had ended tea/coffee and biscuits were served in the dining room where our Guide took time for a Q&A session.

TABLE TENNIS – stop press

Group Leader Dave Austin, has just received a grant from Buntingford Town Council to purchase a new table tennis table to replace one that has been pensioned off.

Every year BTC sets aside a sum of money to help worthy causes in Buntingford and we are grateful to have been recipients again – they kindly donated money for us to purchase Pickleball equipment. Thank you BTC.

WINE APPRECIATION



Group Leader Ron Brighten presents 'The Cup' plus a bottle of wine to each member of the winning team: Jenny Gottfried, Phil & Sheila Anderson, Robert Bentley

Last month it was 'Bring your own Wine and be prepared to talk about it' plus a quiz. Members usually sit at tables of six but tonight it was tables of four and these were drawn for as members arrived.

Four table numbers were called out throughout the evening and a member at that table stepped forward to give a short presentation about their wine – Steve Hisgrove, Brian Tebbutt, Paul Brunt and Phil Anderson - which caused great hilarity.

The Quiz was organised by Maureen & Ron Brighten.

FORTHCOMING MONTHLY MEETINGS

MAY 13th: Lloyd Crowley: The History of the Ukulele. With a variety of Ukuleles, demonstrations and songs and an opportunity to have a go

JUNE 10th: Mary & Graham Brace: Wildlife and Conservation. An illustrated talk from around the world.

We meet at the Seth Ward Community Centre on the Second Monday of the month - doors open 1.30pm.

OUR GROUPS

Buntingford u3a Interest Groups			
*SWCC – Seth Ward Community Centre ** BBC – Buntingford Bowls Club #OGPS – Old George Pottery Studio, Puckeridge ~ URCH United Reformed Church Hall (opposite the Post Office)			
If you wish to join a group please contact the Group Leader			
Group Co-ordinator Gill Alderton 07984 039 016 gillalderton@yahoo.com			
Badminton FULL	*SWCC	Fridays 11-12	Gill Alderton 07984 039 016 gillalderton@yahoo.com
Bookworms FULL	Fairfield	Last Wednesday 2.30 – 4.30	Anne Austin 01763 272 066 anne.austin555@btinternet.com
Book Group 2	Royal Gardens	First Monday	Vicky Chappell vickyfrank@hotmail.co.uk
Braughing Shed Group NB: This is not a u3a gp	A Barn at Furneux Pelham	Wednesdays 12noon – 4pm	Jacqui Thorne 07557 966 526 jacquithorne@mail.com
Bridge	The Bury	Tuesdays 10-12	Phil Anderson 01763 274 201 philpoppy@btinternet.com
Canasta	The Golden Fleece Braughing	Fortnightly	Shelagh Mavin shelagh.disney@gmail.com
Carpet Bowls FULL	**BBC	Thursdays 10-12 (Late Sept-March)	Gill & Martin Gray 07717 220 431 gill.gray@mail.uk
Church Crawlers	Various Churches	1 st Tuesday 10am	Keith Bradfield 01763 448 914 - 07704 945 209 u3abuntchurchcrawlers@gmail.com
Clay Pigeon Shooting	Various	Occasional	Ron Brighten 01763 273 175 ron.bofcw@tiscali.co.uk
Clay Pigeon Shooting Royston u3a	Nuthampstead Herts League Grnd	Wed 22 nd May 2pm	Frank Martin theofmartin@outlook.com
Computer Group	On-line	Email	Martin Gray buntingfordu3a@proton.me
Crafty Chat	Various	1 st Monday 2-4pm	Kate Farquhar 01763 287 393 farquharkate@yahoo.co.uk
Current Affairs	Bridewell Close	1 st & 3 rd Thursday 7.30pm	Derek Cooper 01763 271 115
Cycling	Various	Occasional	Jim Farquhar 01763 287 393 farquhar_jim@yahoo.co.uk
Guitar for Beginners	Crown Pub	Alternate Mons 2-4	Bill Hooper 01763 273 123 bunthoop@hotmail.com
Keep Fit	*SWCC	Mons 9.30-10.30 & 10.30-11.30	c/o Ron Brighten 01763 273 175 ron.bofcw@tiscali.co.uk
Keep Fit Seated Exercise	~URCH Opp Post Office	Thursdays 1pm	c/o Ron Brighten 01763 273 175 ron.bofcw@tiscali.co.uk
Leisure Afternoons	*SWCC Bunters Suite	3 rd Monday 2-3.30	c/o Keith Bradfield 01763 448 914 - 07704 945 209
Line Dancing	*SWCC	Tuesday 4.30	Gill Alderton 07984 039 016 gillalderton@yahoo.com
LETs	Various	London, Elsewhere & Theatres	Jean Cook Jean.M.Cook@btinternet.com
Mah Jong	The Bury	Tuesdays 2-4	Liz Cooper 01763 271 027 lizandmikecooper1@gmail.com

Musicians United The A Train Jazz Band	Cheshunt u3a	Mondays 10-12	Colin Meehan 07768 278 064 Steve Deeks 07392 298 788
Pétanque	The Crown	Fridays - summer	Dave Austin 01763 272 066 daustin2020@btinternet.com
Photography	Tann Barn	3 rd Tuesday 10am	David Dixon interestingplace@hotmail.com
Pickleball FULL	Cottered Village Hall	Mondays 11-1	Gill Alderton 07984 039 016 gillalderton@yahoo.com
Pilates	*SWCC	Fridays 12.30-1.30	Jacqui Plummer plummerkj11@aol.com
Pottery	#OGPS	Thursdays 10-12	Gill Alderton 07984 039 016 gillalderton@yahoo.com
Quizzes	Various	Occasional	Tim Marks timbo2256@yahoo.co.uk
Scrabble	Vicarage Road	Thursday afternoons Fortnightly	Sue Neal 07862 220 787 sueneal2957@yahoo.co.uk
Seated Exercise	~URCH Opp Post Office	Thursdays 1pm	c/o Ron Brighten 01763 273 175 ron.bofcw@tiscali.co.uk
Spanish (intermediate) FULL	Sandon	Intermediate	Jim Farquhar 01763 287 393 farquhar_jim@yahoo.co.uk
Sunday Lunches for Solos - FULL	Various	2 nd Sunday	Lyn Kendal-Archer 01763 271 972 lkendalarcher@outlook.com
Table Tennis	*SWCC	Wednesdays 1.30-3.30	Dave Austin 01763 272 066 daustin2020@btinternet.com
Tennis NB. This is not a u3a Gp	Standon & Puckeridge Tennis Club	New Members welcome	Chairman Diana Foster dianafoster@btinternet.com
They Matter FULL	*SWCC Bunters Suite	Last Monday 2-4	Hilary Curtis 01763 661 508 hilarycurtis38@gmail.com
Walks – 3 Mile Walk	Various	Last Wednesday 11am	Liz Wright 07931 412 874 lizmoorsup@hotmail.com
Walks	Various	Wednesday am	Carol McKimmie 01763 271 054 carolmckimmie@yahoo.com
Walks	Various	Thursdays am	Barbara & Roger Henderson 01763 272 035 barbarahenderson87@outlook.com
Walks in London	London	Monthly Wed or Thurs	Mike Murfitt 07803 708 181 mikemurfitt@sky.com Tim Marks 07754 583 599timbo2256@yahoo.co.uk
Wine Appreciation FULL	*SWCC Bunters Suite	Last Thursday 8pm	Ron & Maureen Brighten 01763 273 175 ron.bofcw@tiscali.co.uk

Quiz Corner:

1. How many sculpted lions by Sir Edwin Landseer guard Trafalgar Square?
2. In computer gaming, Marion & Luigi are part of which profession?
3. Which Japanese Car Manufacturer uses a logo with six stars within an oval.
4. Which sportswear company features a crocodile on its logo?
5. Which High Street Bank features a Blue Eagle in its logo?

Answers at end of Newsletter.

Committee Contact Details

Chairman	Martin Gray	07588 708 257	buntingfordu3a@proton.me
Vice Chairman	Keith Bradfield	01763 448 914	krbradfield@googlemail.com
Treasurer	Michael Murfitt	07803 708 181	buntingfordtreasureru3a@gmail.com
Assistant Treasurer	Tony Phillips	07518 169 682	a.phillips500@btinternet.com
Secretary	Sue Peters	07723 343 282	suemary1958@hotmail.com
Assistant Secretary	Tim Marks	07754 583 599	timbo2256@yahoo.co.uk
Membership Secretary	Lesley Stevens	01920 822 066	lesleystevens44@gmail.com
Groups Co-ordinator	Gill Alderton	01763 272 276	gillalderton@yahoo.com
Speaker Secretary	Mary Godfrey	07802 482 721	marygmusic@btinternet.com
Welfare Officer	Janet Murrells	01763 274 341	j.murrells@icloud.com
Webmaster	Martin Gray	07588 708 257	martingray@mail.uk
Non-committee: Greeters	Val Reedman	01763 272 135	valbuntu3a@gmail.com
Non-committee: Tea Rota	Hilary Curtis	01763 661 508	hilarycurtis38@gmail.com
Non-committee	Newsletter Editor & Buntingford Journal	Jean Cook	Jean.M.Cook@btinternet.com

Quiz Corner Answers: 1. Four 2. Plumbing 3. Subaru 4. La Coste 5. Barclays

Scroll down for Renewal Form

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Buntingford u3a Membership

Application or Renewal for the period from April 2024 to March 2025

To conform with Data Protection and Gift Aid legislation this form **MUST** be completed.

Please print your details clearly (rather than using longhand) to make it easier to read, particularly dots, dashes, underscores etc. in email addresses. It is also possible to type your details into the form.

YOUR DETAILS

Member 1	Member 2 (if applicable)
Name: Mr/Mrs/Ms/Miss/Other	Name: Mr/Mrs/Ms/Miss/Other
Email**	Email**
Telephone No.	Telephone No.
Address	
Postcode.....	
Gift Aid (See note*)	Gift Aid (See Note*)
Please state if you would like to receive Third Age Matters and Sources magazines . By requesting the magazines you are also consenting to your data being passed to the third party company that distributes them. Yes / No	

* **Gift Aid:** By ticking the box for Gift Aid you are confirming that you are a UK taxpayer and that you want to Gift Aid your subscription to Buntingford u3a. You are also confirming that you pay an amount of income tax and/or Capital gains tax at least equal to the amount of tax (25% of Gift Aid amount) that all charities or Community Amateur Sports Clubs (CASC) that you donate to will reclaim on your gifts for that tax year.

Please notify the membership secretary if you: (i) want to cancel this declaration (ii) change your name or home address or (iii) no longer pay sufficient tax on your income and/or capital gains.

** **Email:** By providing your email address you agree to the committee communicating with you via email to reduce costs.

MEMBERSHIP FEES

Each member £10.00 Full year	If you pay full membership to another u3a. Please provide details of that u3a and your membership number below. £6.00 Other u3a: Memb. No:.....
Payment may be made by Bank Transfer (to Sort Code 200573 and Account Number 73067459 with your Name as the Reference) or by a cheque made payable to "Buntingford U3A". Bank Transfer is the preferred method.	
Please indicate how payment is being made: Bank Transfer Cheque Cash	

The Full membership fee includes a £4.00 fee which must be paid to our national organisation, the Third Age Trust. This fee provides a wide range of services and benefits, including liability insurance cover.

Note that the Buntingford u3a Privacy Policy is available on the Buntingford u3a website or can be obtained by writing to the committee. Terms and Conditions of Membership are shown on Page 2.

Signed Date.....	Signed Date.....
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This form may be emailed to buntingfordu3a@gmail.com or by post to Lesley Stevens, Membership Secretary, 93 Station Road, Puckeridge, Herts. SG11 1TF enclosing a stamped addressed envelope to receive your membership card.

NB. Please write your email address clearly.

TERMS AND CONDITIONS OF MEMBERSHIP

By signing this form you agree to abide by the following terms and give the following consents:

- Abide by the Principles of the u3a movement.
- Always act in the best interests of the u3a and never do anything to bring the u3a into disrepute.
- Abide by the terms and conditions of the constitution.
- Treat fellow members with respect and courtesy at all times
- Comply with and support the decisions of the elected committee
- Advise the committee of any change in your personal details
- Consent to your data being used for membership, communication and publicity purposes including any photographs you may appear in e.g. a group photo being published on the Buntingford u3a website.